



Our mission is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.

Join us for our regular meetings at the North Shore Senior Center, 161 Northfield Rd, Northfield, IL on the 2nd Monday of the month in the Weber Lounge.
www.hearinglosschicagonorthshore.com

HLAA Chicago North Shore Chapter Newsletter



October 2023

**Don't miss the October 9
meeting!**

Premium Level (\$500 or more)

Platinum Level (\$200 or more)

Liz Hupp

Gold Level (\$100 or more)

Elaine McCaffrey

Jean Draths

Betty DeGryse Buino

Mike and Jeanne Wehman

Silver Level (\$50 or more)

Marion Anders

Andy and Carol Ban

Bronze Level (\$25 or more)

We are very grateful to these Sponsors for their generosity and support of the HLAA Chicago North Shore Chapter. **Please Note:** If your name or business is not listed correctly, please let us know. Thank you.

Editors' note: We frequently publish website links to further information related to newsletter articles. If you have a problem with a link, please let us know and we will attempt to provide a printed copy of the reference.

Mike Wehman mikewehman@outlook.com

Liz Hupp liz@hubb.com

Upcoming HLAA Chicago North Shore Chapter Programs

Monday, October 9, 2023

10 a.m. - Noon

HEARING LOSS and MUSIC: WHAT'S THE CONNECTION?

Join us **in person** in the Weber Room as we welcome back Lisa Gumina, AuD. As an audiologist and a musician, Dr. Gumina is keenly aware of the difficulties people with hearing loss have hearing music.

She holds a Certificate in Music and Memory and applies her work as a musician to her practice. She will explain the relationship of the brain interpreting music and the difficulties that those with hearing loss have in enjoying music.

Dr. Gumina founded an outreach hearing healthcare company that brings hearing services directly to seniors in their homes and communities.

This program is free. There is a hearing loop in the in the Weber Room and live captions will be provided.

November 13, 2023 – Representatives from CaptionCall will introduce us to OLELO, a captioning app for smartphones.

December 11, 2023 - Holiday social event

January 8, 2024 – TBA

January 12, 2024 – “*Over-the-Counter (OTC) Hearing Aids, What You Should Know*”. Hybrid meeting at the Glenview Library. Glenview Library, Glenview Village Hall and North Shore Senior Center jointly sponsor these programs. Elaine McCaffrey presenting.

Last month's September 11 meeting

Hearing Advice to Make You
(and Your Ears)
Smile

Juliëtte Sterkens, AuD

Audiologist Dr. Juliëtte Sterkens is a hearing loss and hearing loop advocate with the national nonprofit Hearing Loss Association of America. She hopes that everyone took something away from her presentation that is helpful in their lives and that it helps you understand that many people with hearing loss need a variety of “tools” to hear their best.

Participants learned:

Reasons why hearing aid users have difficulty hearing, even when using state-of-the-art hearing aids:

- The benefits of ADA mandated assistive listening systems, as well as how and where to find them. Ways people can take charge of their hearing loss
- [Communications & Medical Access in the Hospital During Disasters: Temporary Recommendations for Hospitals and Medical Facilities During the COVID-19 Pandemic - Hearing Loss Association of America](#)

A transcript of the presentation is available at www.nssc.org. Contact Sarah Jackson at 847.784.6013 for assistance.



October 1, 2023
Chicago North Shore Chapter
Team
SOUND OFF FOR HEARING

The Chicago 2023 Walk4Hearing was this past Sunday, so final tallies are not yet available, but it was a beautiful day on Chicago's lakefront. The Walkers, nearly 500 strong, were treated to an ice cream reward following their 5K hike. The day included vendors show-casing their hearing assistance products and services. Cheerleaders were there as well as giveaways, music, games and raffle prizes.

Our thanks to the many volunteers, fund raisers and co-chairs for another successful Chicago Walk.



Three generations of Wehman Walkers: Mike, Jeanne, Scott & Zachary



North Shore Chapter Walkers

Liz Hupp, Elaine McCarey, Jeanne Wehman and husband Mike, Carol Ban and husband Andy, Walk Captain Christine Rudolph and husband Kurt, Maron Anders, Scott Wehman and son Zachary, Jill Ravani (not pictured)

It's Hug Your Audiologist Month



This month is dedicated to spreading awareness about the services audiologists provide as well as why you might consider hearing protection or treatment.

In celebration of Audiology Awareness Month, here is a list of facts you may not have known around the topic of audiology and hearing:

- 1 billion people are at risk for hearing loss due to unsafe personal use of portable music devices. In fact, according to the National Institute on Deafness and Other Communication Disorders, around 37 million Americans have some degree of hearing loss already.

- Audiologists treat people of all ages, not just older individuals. Half of those individuals with hearing loss are younger than age 65 and should seek treatment for hearing loss. •

Audiologists don't just offer hearing aids as treatment. Audiologists can provide personalized treatment and services to people suffering from a variety of conditions like dizziness/balance issues or tinnitus and also can offer hearing screenings and protection to prevent hearing loss (if you haven't begun experiencing any yet). •

If your child isn't performing well in school or having issues paying attention, it could be due to hearing loss. 60% of childhood hearing loss is due to preventable causes and can be treated by an audiologist.

Drivers Take Note

Sharon King, Chapter Advocacy Chair, reports that a new Illinois Drivers License facility has opened in Evanston - temporarily! A new office of the Secy of State has been set up in the Evanston Civic Center (2100 Ridge Ave, Evanston) to accommodate seniors citizens needing license renewals, changes, IDs, etc.

No appointment needed.

I just walked in. This amazing opportunity allows you to avoid the frustration of securing a required online appointment and then possibly having to drive to a distant facility. My renewal letter said I'd need to take a road test but right now anyone under 79 does not need take a road test. I was in and out in 15 minutes and the staff were extremely friendly and helpful. The staff I spoke to said they'd love to make this a permanent site for senior services. Seems like they need better publicity, so spread the word!