

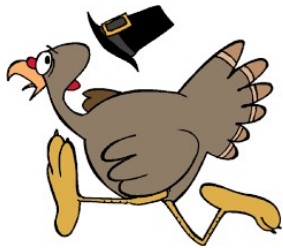


Our mission is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.

Join us for our regular meetings at the North Shore Senior Center, 161 Northfield Rd, Northfield, IL on the 2nd Monday of the month in the Weber Lounge.
www.hearinglosschicagonorthshore.com

HLAA Chicago North Shore Chapter Newsletter

November 2023



**Don't miss
the November 13 meeting -
it will be in person only.
Come and learn about Smart
Phone Captioning.**

Premium Level (\$500 or more)

Platinum Level (\$200 or more)

Liz Hupp

Gold Level (\$100 or more)

Elaine McCaffrey

Jean Draths

Betty DeGryse Buino

Mike and Jeanne Wehman

Silver Level (\$50 or more)

Marion Anders

Andy and Carol Ban

Bronze Level (\$25 or more)

We are very grateful to these Sponsors for their generosity and support of the HLAA Chicago North Shore Chapter. **Please Note:** If your name or business is not listed correctly, please let us know. Thank you.

Editors' note: We frequently publish website links to further information related to newsletter articles. If you have a problem with a link, please let us know and we will attempt to provide a printed copy of the reference.

Mike Wehman mikewehman@outlook.com

Liz Hupp liz@hubb.com

Upcoming HLAA Chicago North Shore Chapter Programs

Monday, November 13, 2023
10 a.m. – Noon

SMARTPHONE CAPTIONS: LEARN ABOUT OLELO!

If you have trouble hearing on your smartphone, you will want to join us to learn about *Olelo*, the new captioning app for smartphones. Representatives from CaptionCall will introduce us to *Olelo* and will explain how to set it up on your own phone.

Whether it is an Android phone or an iPhone, *Olelo* actually captions both sides of a conversation via AI to make your understanding easier, more accurate, and much more enjoyable.

Live captioning in the Weber Room, which is also equipped with a hearing loop, will be provided. This free, informative program is presented by the Chicago North Shore Chapter of the Hearing Loss Association of America (HLAA).

Visit us at:

www.HearingLossChicagoNorthShore.com
or for further information, please email:
elainemccaffrey1@gmail.com

December 11, 2023 - Holiday social event

January 8, 2024 - TBA

January 12, 2024

- *Over-the-Counter (OTC) Hearing Aids, What You Should Know*
- **Hybrid** meeting at the Glenview Library.
- Glenview Village Hall and North Shore Senior Center jointly sponsor these programs.
- Elaine McCaffrey presenting.



Update on the 2023 Chicago Walk4Hearing

Your participation at the [Chicago Walk4Hearing](#) has impacted the local community and helped HLAA fulfill its mission to open the world of communication to people with hearing loss.

**Together, we reached the Chicago Walk fundraising goal, raising \$72,500!
What an amazing achievement with 46 Teams and 600 participants.**







Celebration

Welcome Home Veterans Day



Saturday, November 11, 2023 11:00

a.m.– 2:30 p.m.

Special activities at Discovery Center.
Admission free to all veterans and their families.

Chicago Thanksgiving Parade



Thursday, November 23, 2023 8:00

a.m. – 11:00 a.m.

State Street

Suggestions for Effective Communication

For the Speaker:

- Speak slowly and deliberately but do NOT over exaggerate mouth movements
- Get the person's attention BEFORE speaking to them
- Do NOT chew gum, eat, smoke, or cover mouth when speaking
- Do not yell if the person wears a hearing aid – it will only distort your voice
- When speaking, position yourself so the listener is within 3 feet of you and can see your face clearly
- Have adequate lighting in the room so the listener can see your face clearly
- Do NOT attempt conversations from different rooms
- Turn off distracting background noise (eg. TV, radio, dishwasher, etc.)
- When in public, attempt to sit away from noisy areas and sit facing each other
- If your message is misunderstood, REPHRASE the words, don't just say the same thing over and over.
- Write key words if necessary
- Use facial expressions and gestures to get your meaning across
- Ask the listener occasional questions to ensure they are following your conversation

For the Listener:

- Use your hearing aids daily and make sure they are working properly
- If you do not hear, or you misunderstand, ask for repetition or clarification
- Ask the speaker to slow down. Rapid speech can be very difficult
- Face the speaker, take notice of their lip movements, facial expressions and gestures. Make sure there is adequate room lighting for conversation
- Remind the speaker that you have trouble with your hearing. BE ASSERTIVE!
- Turn off distracting background noise (eg. TV, radio, dishwasher, etc.)
- Do NOT attempt conversations from different rooms
- If you miss part of the message, repeat the part you did hear so the speaker can fill in the gaps. Saying "WHAT?" all the time can be annoying.
- Don't pretend you heard what was said. Be active in the conversation
- Relax, it is not necessary to hear every word, your brain can fill in the gaps. Concentrate on what you heard, not what you missed.
- Wear your eyeglasses (if appropriate) so you can see the face/lips of the speaker

Northwestern University Hearing Clinic (847) 491-3165

